

## L. P. JACKSON MIDDLE SCHOOL JUNE 2022



Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
		31 Fish Pattie w/2 oz. Bun or Corndog May take 2: Corn or Broccoli May take 1: Fresh Fruit or Applesauce	1 Salisbury Steak w/2 oz. Rolls <u>May take 2;</u> Mashed Potatoes or Green Beans <u>May take 1;</u> Fresh Fruit or Peaches	BBQ w/2 oz. Bun or Chicken Nuggets May Take 2: Potato Rounds and Carrots May take 1: Fresh Fruit or Pineapples	3 Stuffed Crust Pizza or Chicken Nuggets May take 2: Sweet Potato Bites or Corn May take 1: Fresh Fruit or Pears	4
		Milk	Milk	Milk	Milk	
5	6 BBQ w/2 oz. Bun Pizza Balls or May take 2: Baked Beans or Carrots May take 1: Fresh Fruit or Mixed Fruit	7 Beef Taco w/Wrap or Chicken Fajita w/Wrap <u>May take 2:</u> Corn or Broccoli <u>May take 1:</u> Fresh Fruit or Applesauce	8 Spaghetti w 2/1 oz. Rolls May take 2: Mashed Potatoes or Green Beans May take 1: Fresh Fruit or Pears	9 Corn Dog Nuggets or Pork Chop Fritter May take 2: Potato Rounds and Carrots May take 1: Fresh Fruit or Pineapples	10 Stuffed Crust Pizza or Chicken Nuggets May take 2: Sweet Potato Bites or Corn May take 1: Fresh Fruit or Peaches	11
	Milk	Milk	Milk	Milk	Milk	
12	13 Chicken Pattie w/ 2 oz. Bun or Popcorn Chicken <u>May take 2:</u> Carrots or French Fries <u>May take 1:</u> Fresh Fruit or Pineapples	14 Corndog or Hoagie Sandwich <u>May take 2:</u> Carrots or Broccoli <u>May take 1:</u> Fresh Fruit or Mixed Fruit	15 Chicken w/2 oz. Rolls May take 2: Mashed Potatoes or Green Beans May take 1: Fresh Fruit or Applesauce	16 BBQ w/2 oz. Bun or Chicken Nuggets <u>May Take 2:</u> Spinach or Baked Beans <u>May take 1:</u> Fresh Fruit or Pears	17 Stuffed Crust Pizza or Chicken Nuggets May take 2: Sweet Potato Bites or Corn May take 1: Fresh Fruit or Peaches	18
	Milk	Milk	Milk	Milk	Milk	
19	School Closed	21 SUMMER SCHOOL BEGINS	22	23	24	25
26	27	28	29	30		

Milk Choices: 1% White Fat Free, Fat Free Chocolate, Fat Free Strawberry \*Fresh Fruits & Vegetables will be offered daily.

Students must select 3 food groups to make a complete meal.

One selection must be a Fruit or Vegetable.

Entrees count as two food groups.

This institution is an equal opportunity provider.

Phone: 757-294-5229 / Fax: 757-294-5263

This menu is subject to change!!